

CEDAR OAK CAFE

St. Marys, Georgia

by

H BRHAM

OMELETES & SPECIALS

Omelets come with a side of hashbrowns or toast

VEGGIE \$12.59

Onions, bell peppers, your choice of cheese, tomato, mushroom, spinach & jalapeños

MEAT LOVERS \$12.59

Sausage, bacon, ham & your choice of cheese

CHEESESTEAK \$13.65

Chopped steak, your choice of cheese onions & bell peppers

WESTERN \$12.59

Ham, onions, bell peppers, tomatoes, mushrooms & your choice of cheese

HUEVOS RANCHEROS \$15.75

Tortilla, 2 eggs your way, organic mexican sauce & avocado

BREAKFAST BURRITO \$14.69

Eggs, shredded cheese & your choice of meat (sausage, bacon, chorizo)

EGGS BENEDICT \$13.65

Two halves of an english muffin topped with a poached egg, ham & hollandaise sauce
Add salmon + \$4.20

SANDWICHES & SAVORY BREAKFAST

BREAKFAST RIDER \$11.55

3 scrambled eggs, one cheese, one meat on white, wheat, or rye toast

GRILLED CHICKEN CLUB \$12.59

Chicken breast, mayo, onion, lettuce, tomato, bacon & swiss

BLT \$10.49

Add an egg your way or guacamole! +\$1.05

CLASSIC SANDWICH \$10.49

Turkey, ham, bacon, lettuce, tomato & mayo

REUBEN \$13.65

Sauerkraut, corned beef with swiss cheese on rye bread

2 EGGS BREAKFAST \$10.49

2 eggs your way, your choice of meat & hashbrowns

CHICKEN & WAFFLES \$12.59

Two pieces of grilled chicken on a waffle

SMOKED SALMON BAGEL \$14.69

Bagel with cream cheese, dill, capers & salmon

BISCUITS & GRAVY \$9.45

2 flakey biscuits covered in our Home made sausage gravy. Try it Loaded! Add Egg, Cheese & Bacon +\$2.10

SWEET

PANCAKE STACK
WITH CHOICE OF MEAT

\$11.55

FRENCH TOAST WITH CHOICE OF MEAT \$11.55

BELGIAN WAFFLES WITH CHOICE OF MEAT

(BACON OR SAUSAGE)

\$9.45

BOWL OF FRESHLY CUT FRUITS \$9.45

TRIPLE FRUIT PARFAIT \$9.45

SIDES

\$3.15

CHIPS BACON
SAUSAGE TOAST

SIDE SALAD GRITS

HASHBROWNS COLESLAW
TOAST PLAIN BAGEL

CORNED BEEF HAM

BURGERS

All burgers come with one side

CHEESEBURGER

American cheese, lettuce, pickles, tomato, onion, ketchup & mayo

\$14.59

BACON CHEESEBURGER

American cheese, bacon, lettuce, pickles, tomato, onion, ketchup & mayo

\$15.59

SPECIAL BURGER

Try our Chef's Choice of the Day for a unique flavor experience crafted by our talented chefs.

\$17.85

At Globe & Cedar Oak Cafe by Brham, we take great pride in our dishes and strive to use only the freshest ingredients. We make each of our dishes in-house and from scratch, including our different types of breads. Our skilled chefs begin by creating the dough from scratch, using only the freshest and highest quality ingredients available. It's kneaded and shaped by hand to create the perfect texture and flavor. We also cultivate a majority of our ingredients in our own on-site garden, ensuring that we always have access to the freshest produce. By making everything in house and by hand, using homegrown ingredients, we can ensure that every bite of our food is flavorful and made with genuine care.

304 OSBORNE ST, ST MARYS, GA 31558

(912) 882-9555

8:00 AM - 8:00 PM EVERYDAY; CLOSED TUESDAY



AN INTERNATIONAL BISTRO BY BRHAM

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BRHAM

STARTERS

PAKORAS

Marinated, bite-sized pieces of lean, flaky white fish or onion dipped in a gluten-free, high protein chickpea flour batter and fried until golden brown. Served with indian chutneys

Vegetable \$10.49 Fish \$15.75

GUACAMOLE

A fresh and flavorful dip made with ripe avocados, tangy lime juice, olive oil & a blend of herbs & spices. Packed with heart-healthy monounsaturated fats, fiber, & important nutrients like potassium, vitamin E & vitamin C

\$15.75

FALAFEL

A popular Middle Eastern dish made of a mixture of chickpeas, fresh herbs & spices formed into small patties. Is high in many micronutrients & a good source of fiber & protein. May help curb your appetite, support healthy blood sugar & lowers risks of chronic disease

\$4.20 Per Piece

RAGI DOSA

A nutritious & healthy South Indian dish made from finger millet flour. Gluten-free, rich in protein & in dietary fiber, helping regulate digestion and keeping you fuller for longer \$10.49

OYSTERS

Oysters sourced from Virginia. Served on ice with lemon. High in protein, vitamins, & minerals like iron, zinc, & calcium. Also low in fat & calories, making them a healthy addition to your diet \$15.75

1 LABNEH

A soft cheese dish made by straining yogurt to remove whey. Apart from being an important source of protein, labneh is considered a probiotic food, high in a range of healthy bacteria that help to boost your immune system

Taster cup \$6.30 Bowl \$15.75

(SHRIMP AGUACHILE

A traditional Mexican dish made with raw shrimp marinated in lime juice, chilies & spices. Served with slices of cucumber, onion & avocado. A low-calorie dish high in protein, vitamin C & omega-3 fatty acids

\$15.75

(*) AVOCADO TOAST

A delicious & healthy dish made with fresh avocado, whole grain bread & a variety of toppings, such as tomatoes, feta cheese & arugula. A great source of healthy fats & dietary fiber, with bread providing complex carbohydrates & essential nutrients

\$10.49

\$ HUMMUS

Is a healthy and nutritious option, as it is made with chickpeas, tahini paste, olive oil and garlic, providing protein, fiber, and healthy fats to the body. It is also rich in vitamins and minerals such as iron, calcium, and phosphorus.

Cup \$6.30 Bowl \$15.75

SOUPS

(*) CHICKEN TORTILLA SOUP

A flavorful and hearty soup made with shredded chicken, vegetables & tortilla strips. A good source of protein, fiber, essential vitamins & minerals like vitamin C, vitamin A & iron. \$13.65

GAZPACHO SOUP

A cold and refreshing soup made with fresh vegetables such as tomatoes, cucumbers, peppers, & onions. A great source of essential vitamins, minerals, including vitamin C, vitamin A, potassium & iron. Also low in calories and high in fiber

\$13.65

TOMATO SOUP

A savory and comforting soup made with ripe tomatoes, onions, garlic & other seasonings. A good source of vitamins & minerals, including vitamin C, vitamin A, potassium & iron. Tomatoes are also high in antioxidants

\$13.65

BROCOLI CHEDDAR SOUP

A creamy & comforting soup made with fresh broccoli & cheddar cheese. A good source of essential vitamins and minerals, including vitamin C, vitamin K, vitamin A, folate, calcium & iron. Also high in fiber

\$13.65

MIDDLE EAST PACK

Experience the exotic and vibrant flavors of the Middle East! A bowl of Hummus and Labneh with 5 pieces of falafel, 2 pita bread slices, pickled veggies & homemade fries

\$41.99

SALADS

WATERMELON SALAD

A refreshing dish made with juicy watermelon, crisp greens, feta cheese and tangy dressing. A good source of vitamins A & C as well as potassium and lycopene. Watermelon also has a high water content, which can help to maintain hydration levels

\$13.65

WARM KALE POTATO & GOAT CHEESE SALAD

Served with a nut and seed mixture and topped with fresh cheese. Potatoes are a good source of fiber, potassium & vitamin C while nuts & seeds provide healthy fats, protein & various essential nutrients

\$15.75

() BURRATA SALAD ()

With strawberries, nuts & seeds. Burrata cheese provides protein and calcium, while strawberries add vitamin C & antioxidants. Nuts and seeds contribute healthy fats and essential nutrients \$17.85

ENTREES

Served with any two sides: Steak fries, Steamed rice, Broccoli, Indo-Mexican Salad, Coconut Chutney, Raita (a yogurt-base with vegetable medley), Vegetable Salad, Mint Chutney, Poori (a fluffy, Indian fried bread) **Additional Sides + \$5.35**

₽ PALAK PANEER \$20.99 **₽**

Cubes of Indian cottage cheese in a creamy spinach & spiced gravy. An excellent source of protein, calcium & iron as well as vitamins A and C thanks to the spinach used in the recipe

☼ CHICKEN BIRYANI \$20.99

A flavorful dish made with rice, chicken & aromatic spices such as cumin, coriander & turmeric. Provides a good source of protein & carbohydrates, while the spices offer potential health benefits such as anti-inflammatory & antioxidant effects

(*) STEAK FAJITAS \$26.25 (*)

Classic Tex Mex fajitas made with grilled strips of skirt steak with onions & bellpeppers, served with fresh tortillas, guacamole, sour cream & salsa. A delicious and satisfying meal high in protein & a good source of iron and other essential nutrients

() TRUFFLE RISOTTO \$16.75 ()

An Italian dish made with creamy arborio rice & flavored with truffle oil and grated parmesan cheese Add: Chicken + \$8.45 Shrimp + \$10.49

SEARED FILET MIGNON \$37.79

A marinated & seasoned filet served with steamed potatoes. A tender & flavorful cut of beef high in protein and nutrients such as iron and zinc. Recommended served with a side salad

SHRIMP ST. MARYS \$26.25

A savory dish featuring fresh shrimp cooked in a delicious garlic tomato sauce served over pasta or grits. A great source of lean protein and rich in flavor and nutrients. A special Brham recipe

SEAFOOD, EGG & VEG FRIED RICE \$26.25

A delicious combination of savory seafood, fluffy eggs & fresh vegetables, all mixed together with rice. A great source of protein, fiber & essential vitamins & minerals

PROSCIUTTO E FICHI

San Marzano tomato, mozzarella cheese, arugula, balsalmic vinegar reduction, prosciutto & fig \$18.89

MARGHERITA

San Marzano tomato, mozzarella cheese, basil & olive oil \$14.69



PEPPERONI

San Marzano tomato, mozzarella cheese and pepperoni \$15.75

CINQUE FORMAGGI

Blue cheese, mozzarella cheese, parmesan & provolone cheese topped with cheese sauce \$15.75

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